

## EYEOPENING COACHING SESSION

Advanced/

### CONVERSE WITH BLOB

#### Eye-Opening Coaching Session Services:

- . Fresh Perspectives
- . Guided Self-Discovery
- . Focused Goal Setting
- . Skillful Questioning
- . Motivational Support
- . Accountability
- . Customized Strategies
- . Feedback and Reflection
- . Actionable Insights
- . Holistic Approach

Transform your perspectives and achieve untapped potential through our Eye-Opening Coaching Session. Tailored strategies for personal and professional growth.

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Our Eye-Opening Coaching Session Services offer a transformative journey towards unlocking untapped potential and achieving personal and professional growth. Through a holistic approach that combines fresh perspectives, guided self-discovery and skillful questioning, we empower individuals to transcend limitations and embrace new possibilities.

At the heart of our coaching sessions is a focus on focused goal setting and customized strategies. By providing motivational support, accountability and actionable insights, we create a supportive environment for individuals to navigate challenges, overcome obstacles and reach their fullest potential.

Through feedback and reflection, our sessions offer valuable opportunities for individuals to gain clarity, cultivate self-awareness and implement positive changes in their lives. With tailored strategies and a commitment to individualized growth, our coaching services serve as a catalyst for transformation and personal empowerment.

**Service particularity:** session length 2h, number and frequency of sessions variable depending on arrangement; Initial Chat included

**Blob team engagement:** 1 expert level coach, technical backend team

**Type of meeting:** face to face

**Place of meeting:** agency office

**Output:** current, fresh and objective insight, strategic consensus and direction setting

## Pricing. Eyeopening Coaching Session

### BASIC DIFFICULTY LEVEL:

- . **Price:** 200 EUR/ session
- . **Criteria:** suitable for individuals seeking initial self-discovery and goal setting
- . **Argument:** basic difficulty level coaching sessions focus on providing fresh perspectives, guided self-discovery and focused goal setting. These sessions cater to individuals who may be exploring personal or professional development opportunities for the first time. The emphasis is on skillful questioning to help clients uncover their strengths, motivations and aspirations. Motivational support and accountability are key components to encourage clients to take action towards their goals

### INTERMEDIATE DIFFICULTY LEVEL:

- . **Price:** 250 EUR/ session
- . **Criteria:** geared towards individuals navigating career transitions or seeking deeper insights
- . **Argument:** intermediate difficulty level coaching sessions offer more comprehensive support, including customized strategies, feedback and reflection. Clients at this stage may be facing challenges such as career transitions, work-life balance issues or decision-making dilemmas. The sessions focus on providing actionable insights and holistic approaches to address these challenges effectively. Skillful questioning is used to delve deeper into underlying motivations and beliefs, while feedback and reflection help clients gain clarity and perspective

### ADVANCED DIFFICULTY LEVEL:

- . **Price:** 300 EUR/ session
- . **Criteria:** targeted towards professionals aiming for personal and professional breakthroughs
- . **Argument:** advanced difficulty level coaching sessions involve intensive exploration and transformational work. These sessions go beyond surface-level issues to uncover deep-seated patterns, limiting beliefs and untapped potential. Customized strategies are developed to support clients in achieving significant personal and professional growth. The coach skillfully guides clients through challenging areas, providing feedback and encouragement along the way. The holistic approach addresses various aspects of clients' lives to ensure sustainable and meaningful changes

### CHALLENGING DIFFICULTY LEVEL:

- . **Price:** 400 EUR/ session
- . **Criteria:** designed for individuals seeking radical transformation and breakthroughs
- . **Argument:** challenging difficulty level coaching sessions push clients to their limits, facilitating profound shifts and breakthroughs. These sessions require a high level of commitment, vulnerability and openness to explore and challenge deeply ingrained beliefs and behaviors. The coach provides expert guidance and support, offering fresh perspectives and powerful interventions to catalyze transformation. Accountability mechanisms are rigorously enforced to ensure clients stay on track with their goals. The holistic approach addresses all dimensions of clients' lives, leading to profound and lasting change

By categorizing Eye-Opening Coaching Session services into these difficulty levels, individuals can choose the appropriate level of support based on their readiness for self-discovery and transformation. Each level offers tailored strategies and approaches to help clients unlock their full potential and achieve their desired outcomes.